Catherine Zahn: mental health proponent

BY: COURTNEY SHEA

One of Dr. Zahn's goals as president and CEO of the Centre for Addiction and Mental Health (CAMH) is to shine the spotlight on mental health issues. Her recent "Communicator of the Year" award (handed out by the Toronto chapter of the International Association of Business Communicators) suggests she's doing a darn good job. We sat down with Zahn to discuss stigma, celebrity addicts, and CAMH's recent influx of corporate support.